



**OBX SWIM CLUB**  
**A/BB/B/C Meet**  
**June 6-7, 2009**  
**SANCTION NO. VS-09-58**



<b>SANCTION:</b>	Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-09-58</b>
<b>LOCATION:</b>	Midtown Aquatics Center, 570 McLawhorne Drive, Newport News, VA 23601, (757) 591-4573
<b>FACILITY:</b>	<ul style="list-style-type: none"> <li>• <b>8-lane, 50 meter</b> indoor pool; overflow gutters; non-turbulent lane markers; Colorado Automatic Timing System</li> <li>• <b>The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).</b></li> </ul>
<b>MEET DIRECTOR:</b>	Craig Bialorucki Phone: (252) 599-7946 Email: <a href="mailto:Craig.bialorucki@gmail.com">Craig.bialorucki@gmail.com</a>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>• Open to all USA Swimming/VSI swimmers registered by the first day of the meet.</li> <li>• No on deck registration will be permitted.</li> <li>• Age on June 6, 2009 will determine age for the entire meet.</li> </ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"> <li>• Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>• All 13-14 swimmers will swim on Saturday and Sunday late afternoon.</li> <li>• All 10 &amp; younger swimmers will swim on Saturday and Sunday mid-day.</li> <li>• All 11-12 swimmers will swim Saturday and Sunday morning.</li> <li>• All events will be timed finals</li> </ul>
<b>WARM-UPS:</b>	<ul style="list-style-type: none"> <li>• Morning session warm-ups: 7:15-8:05 am; competition starts: 8:15 am</li> <li>• Mid-day session warm-ups: 10:30-11:20 am; competition starts: Not earlier than 11:30 am</li> <li>• Afternoon session: <ul style="list-style-type: none"> <li>○ Saturday warm-ups: 3:00-3:50 pm; competition starts: Not earlier than 4:00 pm.</li> <li>○ Sunday warm-ups: 2:30-3:20 pm; competition starts: 3:30 pm.</li> </ul> </li> <li>• Lane assignment and warm-up times for individual clubs will be posted on the OBX website no later than June 3, 2009, and will also be emailed to the contact person of the participating clubs.</li> <li>• If any session runs late, the following session warm-ups will begin immediately after the earlier session ends.</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY MAY 27, 2009</b></p> <ul style="list-style-type: none"> <li>• Entries must be submitted in long course meter times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet.</li> <li>• Teams may submit entries as an e-mail attachment (preferred) or on a 3 ½" computer disk.</li> <li>• A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, phone number, and email address of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li> <li>• Coaches Times (CT) and No Time (NT) entries will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "B" time. All entry times other than CT, must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• Swimmers may enter a maximum of <i>4 individual events</i> per day.</li> <li>• Entries will be processed in the order received. This meet will be limited to a total of 750 swimmers.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions may require reseeding.</li> <li>• Email entries to: <a href="mailto:craig.bialorucki@gmail.com">craig.bialorucki@gmail.com</a></li> </ul>

	<ul style="list-style-type: none"> <li>• Mail entries to: Craig Bialorucki 222 West Palmetto Street Kill Devil Hills, NC 27948</li> <li>• <b>IMPORTANT:</b> If entries are sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the receipt of your entries.</li> </ul>
<b>FEES:</b>	<p>Individual events: \$4.50 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: OBX Swim Club.</li> <li>• Payment must be received by June 3, 2009 for email entries. Payment must be included with all mailed entries.</li> <li>• Failure to pay entry fees by this deadline could result in teams being barred from the meet.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events: Ribbons will be awarded for first through eighth place</li> <li>• 10 &amp; Younger individual events will be given separate awards for 9-10 and 8 &amp; Younger age groups</li> <li>• 13 &amp; Older individual events will be given separate awards for 13-14 and 15 &amp; Older age groups.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded</li> <li>• Swimmers in all sessions should report directly to the blocks for their events.</li> </ul>
<b>PENALTIES:</b>	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> <li>• <b>Swimmer shall be disqualified from the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>• <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> <li>• <b>Clubs entering swimmers not legally registered with United States Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>• If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• The overhead start procedure will be used for the afternoon sessions, and may be used for the morning sessions at the discretion of the Referee.</li> <li>• In accordance with VSI Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: Bob Hood</b> <b>Email: <a href="mailto:bob.hood@us.army.mil">bob.hood@us.army.mil</a></b> <b>Phone: (757) 878-5777</b></p> <ul style="list-style-type: none"> <li>• Officials at all positions will be required for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Bob Hood.</li> </ul>
<b>SAFETY:</b>	<ul style="list-style-type: none"> <li>• VSI Safety and Warm-up procedures will be in effect.</li> <li>• Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.</li> <li>• Shaving in the swim venue is not permitted. Swimmer noncompliance will result in dismissal from the meet.</li> </ul>
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the <a href="http://www.swimobx.com">www.swimobx.com</a> no later than June 3, 2009 and will also be emailed to the contact person of each of the individual clubs.</li> </ul>
<b>GENERAL:</b>	Heat Sheets will be on sale at the front door starting on Friday evening for \$10.00.
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• <b>Swimmer/Spectator Conduct:</b> Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator who violates Aquatic Center rules, posted at the pool, will be disqualified from the meet and escorted from the facility.</li> <li>• <b>Please note that the City of Newport News prohibits food of any kind in the pool area;</b></li> </ul>

**permissible beverages inside the pool area are limited to those in closed containers (e.g. sports and plastic bottles with screw-on caps).**

- **Deck Access:** Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff are the only people permitted behind the blocks. Spectators are asked to remain behind the ropes setup on the sides of the pool. Please stay in the seating area as much as possible and not view the meet from the deck during warm-ups and the competition.
- **Team Areas:** Team seating will be available in the gymnasium and limited space in the pool area. No swim bags will be allowed in the pool area. Swimmers should keep their bags in the gym. Please note that the City of Newport News requires everyone leaving the pool area and entering any other part of the facility to wear shoes (sandals/flip-flops)
- **Spectator Seating:** Bleacher seating will be available for spectators. Please note that the City of Newport News prohibits coolers or chairs in the pool area. They are allowed in the gym.
- **Parking:** Please note that there is a one-way traffic pattern that circles the building. Park only in designated (marked) parking spots. Overflow parking is available at Hines Middle School (next door).
- Parents are responsible for any siblings brought to the meet. Please chaperon them closely.
- No glass, food, chewing gum.
- No shaving anywhere in the venue.

**OBX AGE GROUP MEET  
ORDER OF EVENTS**

**Saturday, June 6, 2009**

**Morning Session**

**Warm-up: 7:15 am; Start: 8:15 am**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	11-12 200 Freestyle	2
3	11-12 50 Breaststroke	4
5	11-12 200 Breaststroke	6
7	11-12 100 Butterfly	8
9	11-12 50 Freestyle	10
11	11-12 100 Backstroke	12

**Sunday, June 7, 2009**

**Morning Session**

**Warm-up: 7:15 am; Start: 8:15 am**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
33	11-12 200 Individual Medley	34
35	11-12 100 Freestyle	36
37	11-12 50 Butterfly	38
39	11-12 200 Butterfly	40
41	11-12 100 Breaststroke	42
43	11-12 50 Backstroke	44
45	11-12 200 Backstroke	46

**Mid-day Session**

**Warm-up: 10:30 am; Start: 11:30 am**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
13	10 & Under 50 Freestyle	14
15	10 & Under 100 Breaststroke	16
17	10 & Under 50 Butterfly	18
19	10 & Under 100 Backstroke	20
21	10 & Under 200 Freestyle	22

**Mid-day Session**

**Warm-up: 10:30 am; Start: 11:30 am**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
47	10 & Under 100 Freestyle	48
49	10 & Under 50 Backstroke	50
51	10 & Under 100 Butterfly	52
53	10 & Under 50 Breaststroke	54
55	10 & Under 200 Individual Medley	56

**Afternoon Session**

**Warm-up: 3:00 pm; Start: 4:00 pm**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
23	13 & Over 200 Freestyle	24
25	13 & Over 100 Backstroke	26
27	13 & Over 200 Breaststroke	28
29	13 & Over 50 Freestyle	30
31	13 & Over 100 Butterfly	32

**Afternoon Session**

**Warm-up: 2:30 pm; Start: 3:30 pm**

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
57	13 & Over 200 Individual Medley	58
59	13 & Over 100 Breaststroke	60
61	13 & Over 200 Butterfly	62
63	13 & Over 100 Freestyle	64
65	13 & Over 200 Backstroke	66